

HELP WANTED

Part-time General Kitchen Worker.

9:00AM to 1:30PM

Apply at

<https://www.tesd.net/Page/210>**Conestoga High School Lunch Menu****January/February
2022****Meal Prices**

Second Lunch: \$ 3.75

Adult Lunch: \$ 5.00

FOOD COURT STATIONS AVAILABLE DAILYCheeseburger, Chicken Patty,
Vegetarian Burgers, Baked
French FriesHam, Turkey, Roast Beef, Tuna
& Chicken Salad, Spicy Ham,
Salami, 3 Cheeses and Bread and
Kaiser Rolls (Whole Wheat Multi

Assorted Salad Platters

Cheese Pizza Plus one
Daily Specialty Pie**The Express**
Premade Deli Sandwiches

Assorted Pasta Bowls

**8oz 1% White Milk, Non-fat White Milk and Non-fat Chocolate Milk included with all Meals****Fresh Apple Slices, Canned Fruit and 4oz 100% Apple and Grape Juice Available Daily**

					DAILY ENTRÉE		DAILY SIDES	
January					M	Chicken Tenders with Dipping Sauce	Mashed Potatoes, Baby Carrots	
3	4	5	6	7	T	Soft Beef Taco	Lettuce, Tomato, Salsa, Corn	
10	11	12	13	14	W	Bacon Cheese Burger on a Bun	Baked Beans, Tossed Salad	
17	18	19	20	21	Th	Chicken Fajita w/Pepper Jack Cheese	Roasted Peppers & Onions, Baby Carrots w/Dip	
24	25	26	27	28	F	Bosco Pizza Dippers	Marinara Sauce, Tossed Salad	
February					M	Breaded Chicken Chunks w/dip	French Fries, Broccoli w/dip	
31	1	2	3	4	T	Chicken Alfredo & Broccoli	Dinner Roll, Tossed Salad, Cuc Slc's w/Dip	
7	8	9	10	11	W	Pepper Jack Cheese Burger	Salsa, Steamed Corn	
14	15	16	17	18	Th	Roasted Chicken	Mashed Potatoes, Tossed Salad	
21	22	23	24	25	F	Bosco Pizza Dippers	Green Beans, Tossed Salad	
28					M	Cheesesteak w/ Fried Onions & Peppers	Coleslaw, Cuc Slices	
					T	Meatball Sub	Green Beans, Baby Carrots	
					W	Pizza Burger w/Sauce and Mozzarella Cheese	French Fries, Broccoli w/Dip	
					Th	General Tso's Chicken over Rice	Oriental Vegetables, Baby Carrots	
					F	Bosco Pizza Dippers	Marinara Sauce, Tossed Salad	
					M	Stuffed Shells w/Spaghetti Sauce	Steamed Green Beans, Cuc Slices	
					T	Toasted Cheese	Tomato Soup, Baby Carrots	
					W	Cheddar Burger w or wo Sauteed Onions on Bun	French Fries, Broccoli w/Dip	
					Th	Chicken Caccatore over Rice	Steamed Broccoli, Baby Carrots	
					F	Bosco Pizza Dippers	Marinara Sauce, Tossed Salad	

IMPORTANT:

Please manage your child's cafeteria account by registering at www.schoolcafe.com for our on-line cafeteria services. View your child's account balance, statement & receive low balance emails!

Once registered please enable the email notification for each child. Deposits made on-line will incur a \$2.25 fee. All other services are FREE! You may still pay by cash or check. Checks should be made payable to "TESD Caf. Fund."